



TRAINING PRODUCT SUITE



	SimplyStrengths™	STRONG MANAGER	STRENGTHS COACHING
PROGRAM SYNOPSIS	<p>A six-step process enabling individuals to identify and leverage their strengths at work and consistently make their greatest contribution.</p>	<p>A program that helps managers to identify and capitalize on the unique strengths of each of their direct reports to build high-performing teams.</p>	<p>A one-to-one interactive process between coach and client. This program helps clients develop and leverage their unique strengths to increase their impact within their organizations and within their lives.</p>
KEY OBJECTIVES	<p>Individuals learn to:</p> <ul style="list-style-type: none"> Overcome the limiting beliefs that get in the way of focusing on their strengths Identify their specific strengths and weaknesses Leverage their strengths to meet key outcomes Limit the negative impact of weaknesses on performance Maintain a strengths focus through building strong habits 	<p>Managers learn to:</p> <ul style="list-style-type: none"> Select the right people for the right roles Set clear performance goals/expectations Coach their direct reports from a strengths-based perspective to leverage the best of each individual Identify the key motivators for each team member and establish appropriate systems of reward and recognition Build a strengths-based system to sustain a strong team 	<p>Clients partner with a coach to:</p> <ul style="list-style-type: none"> Overcome any challenges that are limiting their success Identify specific personal and professional goals and craft action plans to bring these goals to fruition Learn practical strategies to realize their unique gifts and express the best of themselves Get the support and accountability they need to stay focused on achieving their goals
DELIVERY MODALITIES	<p>LIVE TRAINING Total Immersion Workshops Option A: 2-day intensive (public or private) Option B: 1-day overview Option C: Customized Workshops</p> <p>VIRTUAL TRAINING Web Coaching Workshop 6-week program Facilitator leads weekly discussion of core strength concepts via web and teleconference</p> <p>eLearning 6-week multimedia program Option A: Individually driven Option B: Facilitated coaching sessions (weekly) to support learning</p> <p><i>For those who want to scale a program within their organization, a Train the Trainer (T3) option is available for both the 2-day intensive workshop and the facilitated eLearning.</i></p>	<p>LIVE TRAINING Total Immersion Workshops Option A: 2-day intensive (available from June 1) Option B: 1-day overview (available from June 1) Option C: Customized Workshops (available from June 1)</p> <p><i>For managers interested in facilitating team discussion around core strengths concepts, comprehensive tool-kits are available.</i></p>	<p>TELEPHONE COACHING Executive Coaching Package:</p> <ul style="list-style-type: none"> 1 (90 min) goal-setting session 12 (45 min) coaching sessions over 6 months <p>Professional Coaching Package:</p> <ul style="list-style-type: none"> 1 (90 min) goal-setting session 6 (45 min) coaching sessions over 3 months