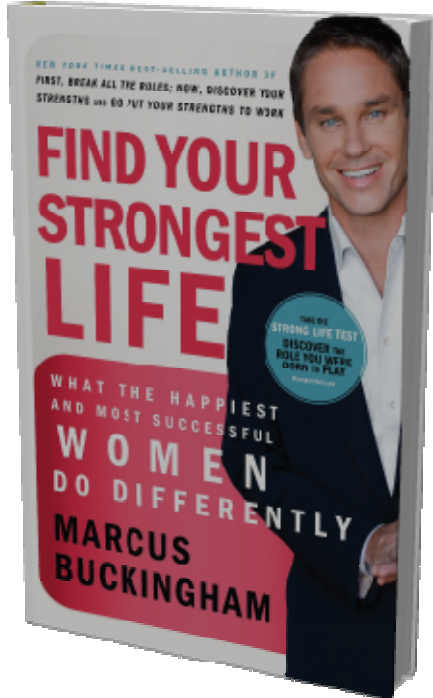


THOMAS NELSON BOOK OVERVIEW

FIND YOUR STRONGEST LIFE

What the Happiest and Most Successful Women Do Differently

By Marcus Buckingham



THOMAS NELSON
Since 1798

P.O. Box 141000
NASHVILLE, TN 37214

tel 615.889-9000 or 800.251.4000

fax 615.902.2745

web www.thomasnelson.com

- Women discover that fulfillment in work and life is attainable
- Includes access to an online assessment test
- The strengths-based message connects women with their talents, gifts, and passion
- Marcus breaks myths about balance and the disconnection between a woman's home life and her work life
- Based on a wildly successful Oprah workshop resulting in more than 1.7 million video downloads and a message board with 100,000+ unique contributors

In *Find Your Strongest Life*, Marcus Buckingham reveals the powerful key to bring fulfillment, peace, and control into a woman's life.

In today's world, can a woman truly "have it all"? A fulfilling career full of passion and performance? A belief that she is truly becoming the best, authentic version of herself? A happy, healthy life outside of work?

Countless women would roll their eyes at the possibility. Work is overwhelming. And for many of them, add the necessities of family and home. It all feels disconnected, out of control, and relentless.

In *Find Your Strongest Life*, Marcus Buckingham reveals the powerful key to help women draw enough strength from life to feel fulfilled, loved, successful, and in control. Even more, he helps women reconnect with their purpose and gives a starting point for change. A research-based message that applies to work and life, *Find Your Strongest Life* shows women how they really can have it all . . . the right kind of all.

Check out what women are already saying about *Find Your Strongest Life*.

Brooke: When I read the "Ten Myths" that opened the book, I was completely hooked. The statistics are interesting and fresh. I also related to the problem that sets up the book: "Which parts of me should I cut out?" As I read, I could see myself in the Marcus's big-picture analysis and statistics. The early part of the book made me anticipate a breakthrough. And Marcus delivered. Overall, he explains a woman's dilemma perfectly . . . in fresh terms with a unique spin. The main ideas in each chapter were so engaging. Chapter 6 in

particular is worth the price of the book. I have already started looking for strong moments in my life, and I want to tell every woman I know to do the same. It is definitely life-changing.

Rebecca: It was really good. It was awesome. And to be honest, perfect timing for my life. I'm REALLY in that place. I can't tell you how badly I've been depressed for the last several months just trying to figure out what to do differently so I'm not so miserable. On one hand, I'm grateful I have a job still. I have a mortgage and bills and all that. But on the other hand...I can't continue to work at a job that gets me nowhere, is not rewarding, not challenging, and mentally drains me. I really have started avoiding my family because I've become so rude and snippy. It's a bad cycle. BUT...God willing this year (sooner than later) I will be able to put this behind me and do what I love :) Even if it's making half as much money. Thanks for thinking of me to read this. I needed it!

Delaney: I was on a plane as I finished reading the manuscript. I was going to be with my daughter who is a law student. As I finished the pages, Marcus helped me gain a new understanding of myself that stood out like a neon sign: I am the person who helps others build infrastructure, get through situations, and set everything right. It goes beyond motherhood. I am an event planner by birth. I see big pictures and the components necessary to get from vision to execution. The content helped me to reframe my own thinking. Very helpful. I'm excited to take the online test and see which role I'm born to play.

Jennifer: As a working mother, I found the concept of the book fascinating. There are daily struggles of trying to balance being the perfect wife, mother, and employee, and the book helped me truly understand how to navigate all those demands.